



Mary Washington Hospital

MEDICORP

Thank you for choosing the Diabetes Management Program at Mary Washington Hospital.

Your initial appointment is scheduled for:

_____ from _____ to _____







You need to arrive 30 minutes prior to your initial appointment.

*We request a minimum of 24-hour notice if you must cancel your appointment.

Please fill out the medical history form enclosed and bring it to your appointment.

It is your responsibility to contact your insurance company to confirm their coverage of our service and to inquire whether you need a referral or pre-authorization. **Should you need either**, please confirm that we have the information at least 24-48 hours prior to your appointment. As a courtesy, Mary Washington Hospital will bill your insurance company for your diabetes education.

We request that you:

-  Eat prior to your appointment.
-  Bring your completed medical history form.
-  Be prepared to show your insurance card.
-  Bring a list of all your medications (and doses).
-  Bring your blood sugar meter and logbook if you currently are checking your blood sugars. You do not need to buy a meter if you do not already have one. We will assist you with that process.
-  Please feel free to bring a guest (spouse, friend, family member).

Our health care team of diabetes experts is committed to helping you and your family develop the skills, knowledge and confidence to control diabetes. The Diabetes Management Program at Mary Washington Hospital has earned the American Diabetes Association Recognition for quality patient education.

Directions to our office are located on the reverse side of this letter.

If you have any questions, please feel free to contact us at (540) 741-2210.

Our Educators: Suzanne Amoruso, RD, CDE Lynne Ripper, RN, BS, CDE
Joanne Fortune, MS, RD, CDE Kathy Day, RNC, CPCE
Lana King, RN, BSN, CDE Terry Sullivan, RNIV, BSN, CDE
Stefanie Rekdal, RD, CDE Lucy Xiao, RN, BS, CDE
Violet Jones, MS, RD

Cathy Peterjohn
Cathy Peterjohn, MS, RD, CDE
Program Manager

Enclosures: Medical history form

Rev. 01.07

Directions to: Diabetes Management

5008 Southpoint Parkway
Massaponax Crossing
(540) 741-2210

From Richmond: Take Interstate 95 to exit 126B-Massaponax to route 1 south. Turn Left at the 3rd light onto Southpoint Parkway (between McDonalds and Aunt Sarah's Pancake House). Go approximately ½ mile pass Minnieland daycare and Cracker Barrel Restaurant. We are located in the shopping center across from Cracker Barrel on the left-hand side. Our office is directly under the large NELNET sign.

From Washington DC: Take Interstate 95 to exit 126-Massaponax. Turn right at the light onto route 1 south. Turn left at the 2nd light onto Southpoint Parkway (between McDonalds and Aunt Sarah's Pancake House). Go approximately ½ mile past Minnieland daycare and Cracker Barrel Restaurant. We are located in the shopping center across from Cracker Barrel on the left-hand side. Our office is directly under the large NELNET sign, next to the Social Security office.

