

Frequently Asked Questions about Volunteering

How do I become a volunteer?

Becoming a Hospice volunteer is easy. You can email the Mary Washington Hospice Volunteer Department your name, address and telephone number. We will personally contact you and share all the wonderful volunteer opportunities available to you. In addition to contacting you, we can mail you an application or you can download from the web site. If you prefer to speak with someone, feel free to call us at 540.741.1667.

What do volunteers do?

Mary Washington Hospice Volunteers share their talents and time in many ways. Our Volunteer Department encourages and supports the interest of our volunteers in order to best support patient and family needs within our community.

What kind of commitment is required of me?

Most Mary Washington Hospice volunteers give between 1-4 hours of their time per week.

Will I receive training, and what will that involve?

If someone is interested and has gone through the application process, then a free comprehensive training will be provided. The volunteer training is an interactive series of classes that will provide the following:

- An Overview of the History of Hospice
- End of Life Care Choices and Advance Directives
- Social Issues Associated with Hospice Patients
- Basic Introduction to Body Mechanics
- Standard Precautions
- Care of the Hospice Patient and Family
- Bereavement and Spiritual Care

In addition, upon completion of training all volunteers have the option to be mentored before asked to perform any independent duties.