

Directions to: Diabetes Management

5008 Southpoint Parkway
Massaponax Crossing
(540) 741-2210

From Richmond: Take Interstate 95 to exit 126B-Spotsylvania. Merge onto Route 1 South. Get into left lane and turn left at the 3rd light onto Southpoint Parkway (McDonalds will be on your left side). Go approximately ½ mile pass Minnieland Daycare Center and Cracker Barrel Restaurant. We are located in the shopping center across from Cracker Barrel on the left-hand side of the street. Our office is to the right of Social Security. Look for our green sign on the red brick building and enter directly under the sign that says MediCorp Health System.

From Washington, DC: Take Interstate 95 to exit 126-Spotsylvania. Turn right onto Route 1 South. Get into the left lane and turn left at the 2nd light onto Southpoint Parkway (McDonalds will be on your left side). Go approximately ½ mile pass Minnieland Daycare Center and Cracker Barrel Restaurant. We are located in the shopping center across from Cracker Barrel on the left-hand side of the street. Our office is to the right of Social Security. Look for our green sign "Diabetes Management Program" on the red brick building and enter directly under the sign that says MediCorp Health System.

Spotsylvania East Services

